

### NETBALL VICTORIA CRITERIA

In line with the Netball Victoria talent pathway criteria, the Barwon Sports Academy netball program is looking for young athletes who have the potential to develop their fundamental skills through:

1. A series of technical and tactical skill development sessions,
2. Strength and conditioning education and training (15 x sessions)
3. Athlete wellbeing information sessions

### NETBALL SELECTION CRITERIA 2024 TARGETED SQUADS

- 13 & 14 year old girls (2010 & 2009 birth years)

### GUIDELINES FOR SELECTION:

The Barwon Sports Academy (Victorian Regional Academies of Sport) and Netball Victoria representatives as well as the Program Manager and Coach have developed the following process regarding selection.

- 1) 13/U athletes are Talent Identified by the Academy at selection trials in November
  - 2) Individual athletes are talent identified at Netball Victoria's Central West Association Championships or trials and invited to trial for Zone Talent Academy
  - 3) Attitude and commitment will be taken into consideration as well as the Netball Victoria selection criteria.
  - 4) Athletes will attend an Induction evening in February of the following year and they will become members of the Barwon Sports Academy for that year.
- # Athletes pay a BSA membership which has been discounted

### SELECTION TRIALS for 1<sup>st</sup> year athletes & by invite for 2<sup>nd</sup> year athletes

The local representative coaches/managers will identify and nominated via ranking. Athletes will be judged on the following criteria;

- ✓ Ball handling technique in throwing & catching
- ✓ Athleticism - Footwork, running ability, jumping, and landing
- ✓ Game sense, spacial awareness and the ability to read the play
- ✓ Decision making under pressure
- ✓ Leadership and communication skills
- ✓ Attitude and level of commitment to personal development
- ✓ Coachable

Application info: <https://www.barwonsportsacademy.org.au/netball>